Griffith UNIVERSITY
Queensland, Australia

Intergenerational Practice Colloquium

PROGRAM

Stories from the field

Also including the launch of the
Australian Institute for
Intergenerational Practice

AIIP
AUSTRALIAN INSTITUTE FOR INTERGENERATIONAL PRACTICE

Wednesday 8 December 2021

Intergenerational Practice Colloquium

"Stories from the field"

When: Wednesday 8 December Time: 10:00 am – 5:00 pm
Where: Griffith University, Southbank Campus, room S07 1.23
226 Grey Street at South Bank, Queensland, 4101

Cost: $40 for participants at Southbank and $30 for online participants.

Griffith University is delighted to host the inaugural Intergenerational Practice Colloquium 2021.

The Colloquium will be a great opportunity to meet, share knowledge and network with others in the Intergenerational Practice Community, as we showcase practices and projects from around Australia.

We are also pleased to take this opportunity to introduce you to the Australian Institute for Intergenerational Practice.

We look forward to seeing you at the Colloquium in person, or online, as we continue to build an evidence base and raise awareness for mutually beneficial intergenerational practice programs in Australia.

REGISTRATION

Please register via: https://app.secure.griffith.edu.au/griffithpay/intergenerational-practice-colloquium.html

CONTACT

For more information, please contact:
Anneke Fitzgerald
anneke.fitzgerald@griffith.edu.au

Time	Program	Chaired by EmPr Anneke Fitzgerald
09:30	Welcome, Networking, coffee	
10:00 - 10:10	Opening	GBS Dean Engagement Prof Rosemary Stockdale
10:10 - 10:45	Plenary: Intergenerational Practice In Australia	Prof Susan Kurrle
10:45 - 11:00	The history of Griffith intergenerational Practice research	Dr Kat Radford
11:00 – 11:30	Introduction to the "Australian Institute for Intergenerational Practice PTY - AIIP"	EmPr Anneke Fitzgerald and Emma Woods
11:30 – 11:50	Morning tea	Networking
11:50 – 13:05	Current research	Chaired by A/Prof Jennifer Cartmel
11:50 – 12:05	Intergenerational Practice Pilot – WA Introduction and video analysis preliminary findings	Gabriela Di Perna and Dr Jennifer Kosiol
12:05 – 12:20	Checking in – a study of older people's wellness during COVID	Prof Neil Harris and Dr Katrina Radford
12:20 – 12:35	Photovoice and intergenerational program	A/Prof Jennifer Cartmel
12:35 – 12:50	Literature review (SLR) interventions for social isolation	Kristy Vincec
12:50 – 13:05	Literature review (SLR) loneliness in community dwelling older adults	Gabriela Di Perna Dr Gaery Barbery Dr Katrina Radford EmPr Anneke FItzgerald
13:05 – 13:45	Lunch	Networking
13:45 – 15:20	Experience from the field – Rapid 5-7 minutes show and tell (One static slide)	Chaired by Prof Neil Harris
	Introducing "*Intergeneration Australia PTY*"	Alan Stuart - Grant
	GRANDschools model (NHMRC grant)	Dr Andrea Blake and Mark Trotter
	Intergenerational Learning Australia COVID-19 and Intergenerational Learning Video Calls between schools and aged care organisations	Greg Cronan
	The learnings from our journey in setting up a *shared roof model* on Mornington Peninsula, VIC	Anna and Fiona Glumac
	Bolton Clarke experience – *Intergenerational Life stories*, QLD, VIC	Dr Xanthe Golenko
	First shared campus experience, Wellington NSW Maranatha Gunya	Dixie Robinson
	Playgroup NSW – *Timeless Play*	Nadene Lee
	InGen program in Bendigo VIC	Dr Bridget Laging
	Co-design of a community based intergenerational program, Sydney NSW	Prof Ruth Peters
	Melting moments Lutheran Care, QLD	Dr Jenny Cartmel et al
	Q&A Panel	
~15:20	Short break - working afternoon tea	Networking
15:30-17:00	Developing a Community of Practice	Chaired by the Team
15:30 – 17:00	WorldCafe – Where to from here?	Group workshop to progress intergenerational practice
17:00	Drinks and cheese platter	Networking

Speaker bios

DR GAERY BARBERY

Lecturer, Griffith University

Gaery Barbery is a member of the Griffith University Intergenerational Practice Research Project team, which has for the last 4 years conducted research into the development, implementation, and evaluation of intergenerational learning programs for children and older adults. Gaery is a Fellow of the Australasian College of Health Services Management, and a Certified Health Executive involved Gaery holds a Phd (Griffith) and a Master of Public Health (UQ). His thesis, in the field of implementation science and in particular Normalization Process Theory (NPT) brings to the team understanding of how the work of implementing an innovation gets done.

ANDREA BLAKE

Senior Lecturer, Queensland University of Technology

Andrea Blake has over 15 years experience as an academic with the Queensland University of Technology and is currently a senior lecturer in property economics. During this period Andrea has published papers and spoken at international academic conferences on topics including property rights, valuation liability and practice, and property education. Andrea's PhD is in carbon sequestration and the impact on rural land and valuation practice. Prior to becoming an academic, Andrea has 10 years experience in the property and legal sectors and has worked in professional services.

ASSOCIATE PROFESSOR JENNIFER CARTMEL

Associate Professor, Griffith University

Jennifer Cartmel is a member of the Griffith University Intergenerational Practice Research Project team. Jennifer is the Education Lead. Her research about social and emotional development of children (birth to twelve years) and outside school hours care services includes intergenerational learning programs. Jennifer uses research methodologies with children to examine their experiences of intergenerational programs. Additionally, Jennifer uses a model of critical reflection as a research approach and a tool for professional development to support workforce capacity building for children's services and intergenerational programs.

GREG CRONAN

Director, Intergnerational Learning Australia

Prior to commencing studies in intergenerational learning, Greg worked for an engineering consultancy designing visual communications systems. Video conferencing was a common element in projects for the education, aged care and healthcare markets. After researching trends in aged care and retirement living in the USA, Europe and Asia for a client in 2013, the recurring theme was intergenerational programs. Greg completed a Bachelor of Business (Honours) degree at Griffith University in 2018, focusing on research methodologies and intergenerational learning. He has continued further studies through Generations Working Together (Scotland) and The Mehrit Centre, Canada. Since 2019, Greg has combined his technology skills and research to implement the intergenerational learning using video conferencing program into schools and aged care organisations, where students and elders engage in reciprocal and lifelong learning by discussing school curriculum topics during weekly video calls.

GABRIELA DI PERNA

Research Fellow and PhD Candidate, Griffith University

An experienced project manager, research fellow, and consultant with a passion for Intergenerational Practice, specialising in strategic management and execution of customer service delivery in the not-for-profit sector and winner of the WA 2020 LASA Age Services Awards (Next Gen Young Leader). Gabriela is currently project managing a two year Intergenerational Research Collaboration between sector organisations in WA and Griffith University, funded by the Cromwell Property Group Foundation as well as serving as the Deputy Chair of Melville Cares. Gabriela has previously worked at Mercy Care as senior manager in Aged Care after working with BaxterLawley as Principal Consultant across the not-for-profit sector and Project Managing the National Performance Benchmark Study on behalf of UWA, in partnership with National Disability Services.

EMERITUS PROFESSOR JANNA (ANNEKE) FITZGERALD

Professor Health Management, Griffith University

Emeritus Professor Anneke Fitzgerald has over 20 years experience in the health industry as a nurse and health services manager. She completed her PhD in Commerce in 2003 and since entering academe in 2002, her scholarly work focuses on closing the research to practice gap through knowledge translation, implementation and sustainability in healthcare contexts. She has completed 17 Higher Degree by research Students, over 140 peer reviewed publications and a little more than $28 mil external research income. Anneke is the initiator of the Griffith University intergenerational practice research program, successfully building an evidence base for best intergenerational practice in Australia. She is an applied researcher demonstrating high impact by focussing on the end-users of her research.

ANNA GLUMAC

Co-Director, The Herd Intergenerational Learning Centre

Anna Glumac is a highly talented and adored Early Childhood Teacher.
Her enthusiasm for the holistic development of little people inspires engaging educational programs that support children's being, belonging and becoming. She is passionate about not only nurturing children's academic ability but also the development of them as people – their values, how they see themselves and how they see the world. Anna is also a mindfulness practitioner, laughter therapist and humanitarian who actively works to improve the lives and wellbeing of people within the community. Of a weekend, she can often be found facilitating workshops that focus on self care and social and emotional wellbeing.

FIONA GLUMAC

Co-Director, The Herd Intergenerational Learning Centre

Fiona Glumac is a Primary School Teacher whose most recent work in schools has been as an Assistant Principal and Acting Principal. She is passionate about child development and maximising community engagement to enhance learning. With her background in managing significant areas of school life, Fiona brings a wealth of valuable skills and experience that support the smooth operation of our centre. As a mum herself, Fiona is eager to raise children who can love and be loved. For her, intergenerational care provides the perfect context for a child to begin to understand compassion and offering help to others.

DR XANTHE GOLENKO

Research Fellow, Bolton Clarke

Xanthe has a diverse research portfolio spanning multiple areas including health services management, health workforce education, and health economics. With a business background and a PhD in Organisational Behaviour, Xanthe has a strong interest in aged care policy and organisational culture and is passionate about social connection. She has expertise in intergenerational programs having worked for two years on a research project involving the development, implementation and evaluation of an intergenerational learning program across four research sites in Australia. As a researcher, she is dedicated to exploring innovative approaches to service delivery that are evidence-based, sustainable and effective in improving the quality of life for older people accessing aged care services.

PROFESSOR NEIL HARRIS

Director, Higher Degree Research (Health), Griffith University

Professor Neil Harris has extensive experience in the planning, implementation and evaluation of population based intervention research to motivate healthy lifestyle choices including dietary behaviours. He has conducted numerous applied research projects into the process and impacts of innovative strategies to promote and support child, youth and young adult health. In the last five years, Neil has received over $500,000 in research funding from Federal and state government and industry partners.

DR JENNIFER KOSIOL

Senior Lecturer, Griffith University

Dr Jennifer Kosiol is a Lawyer, Registered Nurse, researcher and educator with over 30 years of experience within the healthcare sector. Jennifer has extensive experience in leadership, management and in executive roles in both public and private healthcare sectors. Jennifer is a Fellow of the Australasian College of Health Service Management and a Certified Health Executive. Jennifer holds a PhD, Bachelor of Nursing, Bachelor of Laws, Graduate Diploma of Legal Practice, Master of Laws, Master of Business Administration, Bachelor of Management (1st class honours) and a Graduate Certificate in Health Services Management. Her research interest areas include organisational behaviour; organisational reputation; leadership; cognitive decline in the elderly, eldergogy and intergenerational practice.

PROFESSOR SUSAN KURRLE

Cognitive Decline Partnership Centre
Curran Professor in Health Care of Older People Medicine,
Northern Clinical School, The University of Sydney

Professor Kurrle holds the Curran Chair in Health Care of Older People in the Faculty of Medicine at the University of Sydney and Hornsby Ku-ring-gai Hospital in northern Sydney where she is a geriatrician working in both hospital and community settings. She has had a long interest and involvement in diagnosis and management of dementia and runs a memory and dementia clinic at Hornsby Ku-ring-gai Hospital.
She is involved in several clinical dementia drug trials, and has a strong research interest in the management of falls in people with dementia.

DR BRIDGET LAGING

Senior Research Fellow, Australian Catholic University

Dr Bridget Laging has been engaged in the university and aged care sectors for more than 15 years in both research and education. Bridget's research outputs include nursing workforce, advance care planning and the interface between residential aged care and the acute sectors. More recently, Bridget has critiqued the broader societal shifts needed to reduce the siloing of older people with increasing dependency by challenging ageist and ablist agendas.She has received state government and philanthropic funding for her research and her findings have been shared extensively via government reports, peer reviewed journals, conference presentations and media engagement. Bridget is currently Deputy Chair of Healthy Ageing with the Australian College of Nursing and is she is a member of the Royal Commission into Aged Care Quality and Safety Expert Advisory Group.

NADINE LEE

CEO Playgroup NSW

Nadine Lee has over 15 years' experience in senior executive roles in Australia and overseas. Currently Chief Executive Officer of a long standing and profitable for-purpose organisation with 980 staff and volunteers, and until recently, President (Chair) of the International body for one of the world's largest global addiction science-based treatment programs. Nadine has highly recognised skills in strategy facilitation; general management (MBA); governance and risk acumen with a focus on revenue growth and risk mitigation (GAICD); market share growth; innovation (Award recognition); strengthening and expanding product, program and service lines; and leading digital transformation.

ASSOCIATE PROFESSOR RUTH PETERS

Senior Research Scientist, Neura

Associate Professor Peters works to develop our understanding of the risk factors which increase our risk of cognitive decline and dementia and the ways in which we might act to reduce this risk. Alongside leading teams delivering high profile evidence synthesis work in the area of dementia risk reduction she has a particular interest in hypertension and in the treatment of hypertension in older adults. She was the cognitive function lead for the award winning multinational Hypertension in the Very Elderly Trial (HYVET, HYVET -COG) and both her work in hypertension and evidence synthesis are cited widely in the academic literature and by guidelines.

DR KATRINA RADFORD

Senior Lecturer, Griffith University

Dr Katrina Radford is a holds a Bachelor of Psychology (Honours), is a Certified Associate in Project Management, holds a Masters in Human Resource Management, Graduate Certificate in Education and PhD (Griffith University). Katrina's research interests include aged care workforce; human resource management; retention; turnover; health care management; and change management. One of Katrina's current projects involves developing a survey tool to estimate the demand for Intergenerational models of respite care. Katrina has been awarded Commendations for Teaching in 2012 and 2015, as well as a Teaching Citation in 2013, Academic Excellence Awards in 2010 and 2014 and Teaching Excellence Awards in 2016 and 2017.

PROFESSOR ROSEMARY STOCKDALE

Dean (Engagement), Griffith Business School

Rosemary has a PhD in Information Systems from Edith Cowan University, Perth and has worked in universities in Australia, New Zealand, Scotland and Austria and was a visiting professor at ESSEC, Paris in 2013. Rosemary's research interests include the use of online communities for self management of chronic disease, the effect of IT on organisational relationships and the use of social media in organisations. She has published over 80 papers and book chapters in Information Systems, is the associate editor of two journals and a frequent reviewer for IS journals. She is currently supervising several PhD students in the area of e-government and Gov 2.0, social media use in small businesses and the adoption of enterprise systems by SMEs.

ALAN STUART–GRANT

Executive General Manager - Growth and Development, Ampol Australia

Alan Stuart-Grant was appointed Executive General Manager, Growth and Development in May 2021, with responsibility for delivering opportunities that support Ampol's International and Future Energy growth agendas. Prior to being appointed to this role, Alan held the position of Executive General Manager, Strategy and Corporate Development, with responsibility for Ampol's strategy, corporate development, mergers and acquisitions and transformation activities. Prior to joining Ampol, Alan held a senior position in Glencore plc, and spent more than a decade in private equity and investment banking, working in Sydney, London and Singapore. Alan holds a Bachelor of Science (Business Administration) degree from the University of Bath and is also a member of the Australian Institute of Company Directors.

MARK TROTTER

Director, Fulton Trotter Architects

Mark's focus as an architect is to establish and nurture long-term creative partnerships with clients. With a strong emphasis on co-design principles, Mark works closely with clients, building users and the community to create meaningful and practical spaces that change the way people live. As a director of our practice for over 30 years, Mark has invaluable experience in design, management, business, and client relationships. As well as being a prominent leadership figure in the Brisbane office, he continues to contribute to the growth of the Sydney office, and previously the Tweed Heads office. Mark enjoys the challenge in solving complex design problems and has led significant and innovative aged care and education projects. He also has experience working within the senior living, cultural and community sectors.

KRISTY VINCEC

Master of Social Work (Honours) candidate, School of Health Sciences and Social Work, Griffith University.

In Kristy's current role she is the educational leader for an early childhood education and care setting where she has been implementing elder-in-residence programmes to support the service's vision and Intergenerational practice framework. Some of the initiatives undertaken included, building young and old connections through a storytime program; visitation of residents from a neighbouring aged care facility into the Kindergarten space; delivery of an environmental sustainability gardening program and intergeneration connection with Uncle Allan, local Yugambeh Elder who imparts cultural learning and connection with children on Country. Most recently as part of Kristy's field education program with the Griffith University Intergenerational Practice Team, she has had a particular focus collecting and analysing the data for the Moving Moments program.

EMMA WOODS

Lawyer

Emma Woods is a practicing lawyer bringing expertise across commercial, corporate, finance and regulatory sectors.

Emma has held positions with listed, privately owned and government organisations in both London and Australia and brings a strong understanding of good corporate governance to AIIP having a professional background investigating financial regulatory misconduct.She is a former board member of the Oxenford Community Centre and has held positions on a number of steering committees. While living in London, Emma co-established a workplace mentoring program for disadvantaged youth alongside a not-for-profit company, The Girls' Network.

Emma holds a Graduate Diploma in Legal Practice, a Bachelor of Arts (cultural sociology) and a Bachelor of Laws.

Abstracts

INTERGENERATIONAL PRACTICE PILOT – WA
INTRODUCTION AND VIDEO ANALYSIS PRELIMINARY FINDINGS

Gabriela Di Perna, Katrina Radford

The recent intergenerational practice pilot undertaken in partnership with Griffith University researchers in WA points to the conclusion that school students are interested and curious about the information they gain from the elderly. The intergenerational program was carried out over 4 sessions between year 7 students from John XXIII College and residents at MercyVillage retirement community. These video sessions were via Teams and were part of a hybrid pilot running between February and May 2021. The purpose of the programs was to bring together the older and younger persons with the focus on the older persons sharing their life-stories and knowledge which provided support to the students in their learnings around the topic of creating Biographies. Preliminary data analysis via video ethnography of sessions between year 7 students from John XXIII College and residents at MercyVillage retirement community has highlighted the benefits of intergenerational practice as well as some of the challenges associated with delivering these programs online.

CHECKING IN – A STUDY OF OLDER PEOPLE'S WELLNESS DURING COVID

Neil Harris, Katrina Radford

Loneliness, social isolation and wellbeing are important elements of overall quality of life. During COVID these psycho-social resources are incredibly important to engage community connection, improve quality of life and restore mental health, particularly during and after isolation. At the beginning of 2021, as COVID restrictions continued, our team conducted a wellness study of older adults living in Western Australia. This presentation will highlight the main findings of that study, particularly examining the impact that COVID has had on older peoples' resilience, loneliness, social network, and wellbeing.

PHOTOVOICE, JOURNALLING AND MOVING MOMENTS

Jennifer Cartmel

Moving Moments is a government funded program that brings seniors who are living independently and children to share in fun, play-based activities supported by professional educators and artists. In collaboration with local early learning centres, kindergartens and schools, the Moving Moments Program connects seniors and children of all ages to build long lasting friendships. This presentation will describe the array of research tools used to gather evidence about the impact of the Moving Moments program facilitated by Lutheran Care Queensland. In particular the methodologies of photovoice and journalling will be features. These two tools have been used to capture the significance of intergenerational practice in programs for both the children and the older people. Data from 4 program sites has been collected during the past four months and analysed. The children have developed strong friendships with their VIP friends and the seniors have reported a sense of purpose and connection with the children and with each other.

LITERATURE REVIEW (SLR) INTERVENTIONS FOR SOCIAL ISOLATION

Kristy Vincec

This presentation covers research from a dissertation that is a work-in-progress. It examines the theoretical components of social isolation whilst exploring Australian interventions targeted to reduced the effects of social isolation amongst the older Australian demographic.

Here, a systematic literature review has been undertaken to interrogate the data and theme intervention types using an ecological systems theoretical lens. This holistic method reveals a small number of varying micro and meso-related interventions and major shortcomings in exo and macro infrastructures.

The scarcity of literature highlighting interventions to reduce social isolation in older Australians is in itself notable, where pursuits to encourage healthy ageing are sought.

LITERATURE REVIEW (SLR) LONELINESS IN COMMUNITY DWELLING OLDER ADULTS

Gabriela Di Perna, Gaery Barbery, Katrina Radford, Anneke Fitzgerald

The loneliness pandemic exists, with 1 in 3 Australians reported experiencing loneliness prior to the lockdowns (AIHW, 2021). As lockdowns, isolation and ongoing COVID restraints have increased, it is likely that this number will substantially increase in the future (Galea et al 2020; McGinty et al 2020). Using PRISMA methodology, a systematic literature review was conducted between January and August 2021 resulting in 49 useable articles. This study found the antecedents and consequences of social, emotional and existential loneliness differ, however the vast majority of research has not examined the unique types of loneliness and instead kept loneliness as a generic term, despite the acceptance that the types of loneliness are distinct. In addition, the findings of intervention studies identified through this review have yielded mixed results. Those interventions focused on improving personal and psycho-social resources for older adults fared better outcomes than those focused on technological and social connections alone.

THE LEARNINGS FROM OUR JOURNEY IN SETTING UP A SHARED ROOF MODEL ON MORNINGTON PENINSULA, VIC

Anna and Fiona Glumac

The journey of The Herd began almost 4 years ago when we watched a moving documentary on an intergenerational care centre in Seattle. At this beautiful centre, an aged care home shares the same roof as a child care centre. It made us laugh and cry as we watched the loving and life-giving interactions between the little ones and older residents. We were so moved by that the very next day, we began this journey of setting up a shared roof mode in Australia. Construction is underway and The Herd Intergenerational Learning Centre will be open in 2022.

A big motivating factor was, and remains to be, our beautiful Grandma who spent the last year of her life in residential aged care. This project is for our Grandma and for all of the people we love who might end up living the last years of their life in residential aged care. It is what we would want for them.

COVID-19 AND INTERGENERATIONAL LEARNING VIDEO CALLS BETWEEN SCHOOLS AND AGED CARE ORGANISATIONS

Greg Cronan

The intergenerational learning using video conferencing program brings students and elders together on a weekly basis to discuss school curriculum topics and other mutually agreed subjects with elders. The elders may reside in residential aged care homes, retirement villages or in their own homes.

Objectives of this program is to foster reciprocal learning, behavioural and health outcomes for both age groups while reducing the loneliness and isolation of many elders, especially throughout COVID-19. Implicit to these interactions is empathy. This is linked to improvements in learning while also effective in diminishing negative stereotypes of older people and ageism.

Implicit to the elders responses to questions from the students about topics such as history, English, poetry, music, art, technology were the integration of the elders personal histories in the form of story telling. These stories have captured the curiosity and imagination of these school students. It has provided them with a unique lens to view historical events over the past century.

CO-DESIGN OF A COMMUNITY BASED INTERGENERATIONAL PROGRAM

Ruth Peters and team

The majority of our older adults live in the community, with a large proportion living alone. The increasing geographical separation within families and, more recently, the COVID19 pandemic mean community-dwelling older adults are at increased risk of isolation. The majority of 3-5-year-olds in Australia attend preschools at least for part-time, and most preschools are based within communities. Community-based intergenerational practice is a promising opportunity to bring older adults and preschool children together for mutual benefit. However, the scientific evidence to support this is lacking.

The Intergeneration Integration Initiative (3i) is a 3-part co-designed community and science project. In part one we asked 'What do we already know', in part 2 'What do people think?' and in part 3, we asked 'Can we deliver?' We will present our findings in the form of a discussion with views from the community, quantitative and qualitative scientists and preschool perspectives.